

Team GL Run 2019 in association with We Can Care organizes Marathon to raise cancer awareness

March 10, 2019

GL Run, the Annual Marathon event of Great Lakes, was organized on Sunday 10th March 2019 at Anupuram Township near campus. Started five years ago, by running chapter 'Great Lakes Gazelles', headed by Dr Vaidy Jayaraman, Association Dan & Principal, Great Lakes Institute of Management, Chennai to promote fitness, this year's event saw more than 350+ student participation. This year's edition, for the first time, saw collaboration between GL and 'We Can Care' – a movement for cancer patients, initiated by Cancer survivors. 'The 3 KM run was flagged off by Dr Vaidy Jayaraman, who also encouraged and cheered the students. Staff and faculty members too joined and contributed towards the cause by participating in the run. The money collected over registration will be hand over to the organization during the Annual SWIM Conference 2019 on March 14, 2019.



About We Can Care

Cancer can take a huge toll on one's mental health, apart from its physical manifestations. No-one knows this better than the brave souls who have fought and conquered this intimidating disease. Apart from the medicinal care, cancer patients have found out that Yogic practices go quite a long way in boosting morale and alleviating stress from this disease. We Can Care is a movement for cancer patients taken up by cancer

survivors who have learnt Satyananda Yoga practices and have successfully applied them to live a healthy, happy and successful life again. It is founded by Sn. Shiva Rishi who plays the important and the main role in Satyananda Yoga Centre with Chairperson as Ms. Vedavalli Parthasarathy, a cancer survivor herself and Chief Patron Dr. Sumanna Premkumar. They strive to give hope and help the patients believe in the fact that **if you are diagnosed with cancer “Life is not doomed”**. They have been getting a great response and are looking forward to spread the awareness door to door – shore to shore. Several cancer patients who regularly and sincerely practiced Satyananda Yoga practices are **healthy survivors**. We Can Care helpline number is 9841053435.