## EDUCATION PLUS

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Poonam Dalal Dahiya



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We bring you two vastly different subjects this week — Ancient history and leadership.

## Ancient and Medieval India for UPSC and State Civil Services Examinations

## Poonam Dalal Dahiya

What is Kautilya's Arthashastraall about? Where did the earliest Aryans live? What are the four Vedas and where is the wordvedaderived from? Who was the founder of the slave dynasty? All these and more are answered succinctly in Poonam Dahiya's book which covers an array of topics including ancient history, Buddhism and Jainism, the Guptas, the Delhi Sultanate, and more.

At the end of each chapter are practice questions and answers for the preliminary exam as well as questions that are deemed important for the mains. The book makes assimilating information easier, courtesy key points that come in boxes for relevant sections, and flowcharts and pictures. It also includes detachable charts for revision.

## Yogyathwa

Bala V. Balachandran, T.N. Seshan and Nixon Fernando

What is Yogathwa and its connection to leadership? The concept of Yoga or Yogathwa represents the union or collection of forces and principles. The power of unity is far greater than the power of uniformity. Dictators like Hitler chose the path of imposing uniformity and thus failed, in the long run.

However, the concept of Yoga or Yogathwa, with the Bhagavad Gita as its pivot, has been articulated by many thinkers. It is a meta concept and can be effective in tackling the problems of today's modern organisations and provides simple and powerful access to great leadership.

Through clear divisions through its chapters such asAnti-definitions, The Confusing Synonym of Leadership, A Complete Leaderand more, divided into several sections, the book seeks to clarify any doubts that one might have on leadership and its tenets, and how one can integrate the traditional attribute of Yogathwa into modern day leadership.