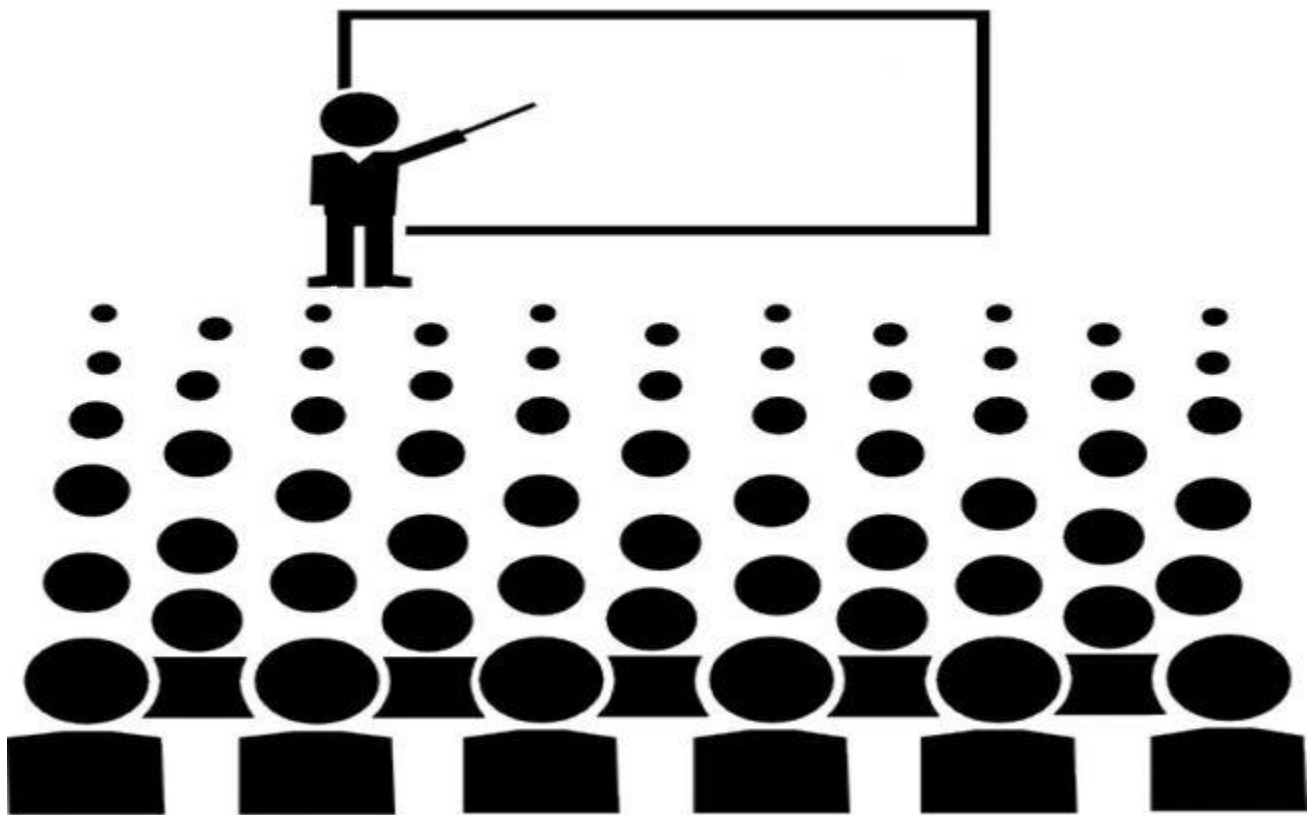


# Professor from Great Lakes Institute of Management, Gurgaon Talks on 'Self – Effectiveness' at Ernst & Young

**The speech was part of a Learning Program held for E & Y's (India) senior employees to augment their personal and professional growth**

Prof. S. K. Palhan, Professor – Operations Management, [Great Lakes Institute of Management, Gurgaon](#) delivered a talk on Self - Effectiveness as a part of the offsite Learning Program organized by the renowned multinational professional services firm Ernst & Young for its employees at Courtyard by Marriott, Agra recently.



The Learning program was held for E & Y's (India) senior employees to augment their personal and professional growth. As a part of the program, the firm invited Prof Palhan, Professor – Operations Management, Great Lakes Institute of Management, Gurgaon to deliver the talk. The session was attended by 150 senior employees from all over India including the organization's leaders - Mr. Amit Khandelwal, Partner, Ernst & Young, India, Mr. Abhishek Gupta, Director, Ernst & Young, India, and others.

During the talk, Prof. Palhan discussed the role of Mind in Self – effectiveness as compared to acquired skills. He expressed that, “effectiveness comes through action/work done; every action is done in two phases. At first, the creation of any work takes place in the mind as a thought process and the second phase is its implementation through suitable skills. Further, he emphasised that work is possible only in the present moment. Therefore, the mind must be in the present moment when action is taking place. The problem with the mind is that it wanders a lot in the past and future and it remains in the present moment for a short period of time. The mind can be trained to live in the present moment through the structured process of meditation.” The talk also highlighted the role of meditation for self –effectiveness and creativity which was followed by the brief session of meditation.



The participants found the session very enriching and fulfilling with most of them inspired to practice meditation to have its benefits in personal as well as professional life.

A leading expert in the field of Operations Management, Prof. Palhan is known for having conducted more than 250 programmes on Self Effectiveness & Team Building in a large number of software companies, banks, and leading management institutes, scientists of national labs and judges of Delhi courts. He is also an Advisor to Centre for Joint Warfare Studies in Ministry of Defence and Managing Trustee of Pathfinder Trust. Recently, Prof Palhan also conducted a retreat program for the senior officers of the Ministry of Finance, Government of India prior to the budget announcement, organized by NIFM Faridabad.

Great Lakes Institute of Management, Gurgaon is a unique Centre of Excellence in India focused on nurturing managerial and leadership talent for our Country, specifically in a fast growing and dynamic sectors like Energy, Digital Commerce, and Data Analytics. The Institute's activities include full and part time post graduate management programs in Energy and General Management, corporate training programs, consulting services and independent research to enhance the intellectual capital and knowledge base in its areas of focus. The Post Graduate Programs seek to develop motivated management professionals equipped with comprehensive domain knowledge and capable of being productive from their first day of engagement with the corporate world.

Great Lakes was founded in 2004 by Padma Shri Dr. Bala V. Balachandran with a vision of becoming the leading Management Institution in India providing Quality Education at an affordable cost and Human Capital for Emerging Economies. In 2014, Great Lakes was accredited by Association of MBAs (AMBA, UK) for its PGPM and PGXPM programs and became the youngest B-school in India to receive this prestigious international accreditation. In 2015, Great Lakes received international SAQS accreditation from AMDISSA making it one of the few B-Schools in India to receive two prestigious international accreditations. Led by exceptional academic faculty, steered by an outstanding advisory council and buoyed by the international collaborations, Great Lakes has, within a short span of 10 years emerged as a top-ranked business school. For the year 2015, Great Lakes has been ranked No.1 for its Analytics program by Analytics India, 5th among private B-Schools in India by Careers 360, 7th among India's top one-year executive MBA/PGP programmes by Business Today, 9th under the category top one-year programs in the country by Business World, 9th among one year MBA program by Outlook India, and 10th among top ten B-Schools in India by Business India.



Great Lakes has 50+ full time faculty and 130+ visiting faculty including over 20 international faculty from top global schools like Yale, Kellogg, Stanford, etc. Further collaborations with world's leading institutions like Georgia State University, Nan Yang Technological University, University of Houston, University of Bordeaux, Hong Kong University of Science & Technology (HKUST) etc.; have helped Great Lakes in globally benchmarking its programs. Great Lakes has a 27.5 acres LEED Platinum rated green campus in Chennai and a second campus in Delhi-NCR. Great Lakes offers One Year full time MBA for experienced professionals, Two year MBA with focus on Emerging Markets, Part Time Executive MBA Program, Weekend Executive MBA Program, Specialized sectorial management programs in Information Technology, Retail, Analytics, Health Care and Energy. Students graduating from Great Lakes are recruited by world renowned organizations both in India and overseas.

Link for the story - <http://www.htcampus.com/article/great-lakes-institute-management-gurgaon-talks-self-effectiveness-ernst-young/>