

Great Lakes Institute of Management (<http://greatlakes.edu.in/>) became a signatory to the United Nations Global Compact's Principles for Responsible Management Education (PRME) in 2013. This quarterly newsletter is published with the objective of sharing with others the way in which the institute inculcates responsible behaviour in students

Greetings from Karma Yoga!

We have the pleasure in sharing the notable events that took place during the last quarter in Karma Yoga. The Passionate Pandiyas of PGPM class 2016 landed smoothly in the KY adopted villages after the orientation program. It was the month of May when they started their field visits.

The combined average temperature over global land and ocean surfaces for May 2015 was the highest for May in the 136-year period of record, at 0.87°C (1.57°F) above the 20th century average of 14.8°C (58.6°F), surpassing the previous record set just one year ago by 0.08°C (0.14°F).

*The heat and dust did not deter their commitment and enthusiasm. The inner zeal drove them to meet someone living in the narrow streets of the village, a man or a woman and an octogenarian greeting with a smile and trying to connect with them without many words. They were also surrounded by the children who constantly calling Anna or Akka to seek their attention. For many it was a cultural shock of seeing things differently from their own living conditions. But after several visit to the villages a big question emerged, bothering them - '*what am I going to give to these people?*' In trying to find an answer, our KY village teams have been planning meticulously in taking up activities that will uplift these communities in all spheres of life.*

With our constant reminder for finding out measurable indicators of change, the karma Yoga students have taken up projects like constructing toilets and creation of Village Resource Centres.

As our Founder and Dean Dr. Bala V Balachandran believes that such activities will inculcate the art of being different and the science of making a difference in the lives of people around us.

We hope you enjoy reading what our students had done till now and we will continue to share their achievements in the coming months too.

Thank you all for the support and wishes.

-KY Team...

HIGHLIGHTS OF ACTIVITIES OF KARMA YOGA LEADERSHIP EXPERIENTIAL PROGRAM -----April-June, 2015

Great Lakes Institute of Management (<http://greatlakes.edu.in/>) became a signatory to the United Nations Global Compact's Principles for Responsible Management Education (PRME) in 2013. This quarterly newsletter is published with the objective of sharing with others the way in which the institute inculcates responsible behaviour in students

Health Camp at Vayalur...



Great Lakes along with Rotary Club and Vee Care Hospital organized a Mega Health Check-up Camp on 31st May 2015. The Medical Camp was organized in the Government School at Vayalur. It was open for the entire village.

Within a span of 3 hours the team recorded over 100 registrations. These included men, women and children of all age groups, ranging from 5 to 75 years age.

General Consultation, Eye Check-up and Dental check-up were provided to one and all. Most of the villagers told that they never undergone such a process before in their entire life. Some villagers were advised advanced treatment for some ailments like cataracts and , Root Canal. They would be given this treatment free of cost at Vee Care Hospital.

Dr. Sudhakar Balachandran graced the medical camp with his presence. He spent close to an hour starting with meeting the team of doctors from Vee Care and interacting with the Rotary members. He then took a round of the entire camp to see how the check-up was taking place. Lastly he spent some time with Great Lakes KY Team



HIGHLIGHTS OF ACTIVITIES OF KARMA YOGA LEADERSHIP EXPERIENTIAL PROGRAM ----- April-June, 2015

Great Lakes Institute of Management (<http://greatlakes.edu.in/>) became a signatory to the United Nations Global Compact's Principles for Responsible Management Education (PRME) in 2013. This quarterly newsletter is published with the objective of sharing with others the way in which the institute inculcates responsible behaviour in students

Herbal Garden @Amanampakkam / Jamberi

This was another interesting activity that took place in the villages of Ammanampakkam and Jamberi. The team met the village people and gathered most of them , especially women and children to find a spot where they could plant the samplings. Team bought the samplings from a nursery in Chengalpet.



KY Team, along with the villagers started planting the samplings and within a few hours it was completed. After planting, team conducted a session explaining the medicinal benefits of the plants. The plants could help in treating skin diseases, diabetes, kidney stones, bites and cough and cold. It was important for the villagers to understand these benefits so that they do not have to rely on usual drugs for the treatment of these villages.

Also,the team asked the villagers to give special attention to these plants so that entire village can reap its benefit.

Medical Camp at Vitlapuram



The KY team first arranged a separate desk for registration, height & weight measurement, BP check-up, etc....After the setting up things 3 members of the team were appointed to assist medical staff. The rest of team then went to village to inform and invite villagers to take part. Children were afraid that if they go to the camp, Doctors will give injection to them and the team had to clarify their doubts with the help of their parents and other children who actually went to medical camp before.

HIGHLIGHTS OF ACTIVITIES OF KARMA YOGA LEADERSHIP EXPERIENTIAL PROGRAM ----- April-June, 2015

Great Lakes Institute of Management (<http://greatlakes.edu.in/>) became a signatory to the United Nations Global Compact's Principles for Responsible Management Education (PRME) in 2013. This quarterly newsletter is published with the objective of sharing with others the way in which the institute inculcates responsible behaviour in students

Livelihood skill development training at Sooradimangalam

The team reached the village at 9:30 AM and started gathering villagers.

Ms. Kirutika, a person skilled in embroidery, started the training by teaching the basics and asked the ladies to practice it on a piece of cloth. Team had taken with them all the raw materials required for the training. Some women had some exposure to embroidery and hence were doing really well and even others did some great job though they were doing it for the first time.



Ms. Kirutika taught them some 5 to 6 types of embroidery patters and designs and the ladies practiced them all. Team was helping the ladies in understanding the steps taught by her. The ladies were happy learning it. In the meanwhile some members engaged the children in some games and other activities like singing and dancing. At the end of the training Mrs. Kirutika guided the ladies on how to

generate livelihood from embroidery. She told them that they can contact the local tailors and can get clothes from them and then work on doing embroidery on those clothes and then return it to the tailor. And if they can invest, then they can sell the embroidery done cloth in local carnivals and can earn out of it. The total investment in working on embroidery of a cloth, that the ladies can pick from the tailor, is around Rs 10-15 and they can

earn somewhere around Rs. 100 from it. After the training ended team distributed some chocolates to the children and distributed the threads and needles to the ladies.



Great Lakes Institute of Management (<http://greatlakes.edu.in/>) became a signatory to the United Nations Global Compact's Principles for Responsible Management Education (PRME) in 2013. This quarterly newsletter is published with the objective of sharing with others the way in which the institute inculcates responsible behaviour in students

Painting Competition at Naduvakarai/ Kunnavakam

Team reached the school gates and they saw children, all neatly dressed waiting for them at the door. They then set up and started the painting competition. About 35 children took part, painting to their hearts desires. Twenty percent of the children were from Grade 4 and other made up for the rest.



Enchankaranai / Andimadan

KY Team gathered the children at the government school and got the keys from the administrator. Children were made to sit in groups on the school desks and were provided with A4 sheets and sketch pens. They were asked to draw anything that inspires them to and they were given 45 minutes for this.

At the end of 45 minutes sheets were collected and then each of the children was asked to talk on the painting they made to the group. Later on team gave chocolates to top 15 children who did well in that competition.

After this got over, team organised a musical chair competition for women of the village. It was a fun and exhilarating experience.



HIGHLIGHTS OF ACTIVITIES OF KARMA YOGA LEADERSHIP EXPERIENTIAL PROGRAM ----- April-June 2015

Great Lakes Institute of Management (<http://greatlakes.edu.in/>) became a signatory to the United Nations Global Compact's Principles for Responsible Management Education (PRME) in 2013. This quarterly newsletter is published with the objective of sharing with others the way in which the institute inculcates responsible behaviour in students

KY Team ...Echur

The event was organized in the porch of one of the families in the village. The team started by offering cold drinks to the children. Then the event was started with seven children taking part in Mental Maths Quiz and others in Painting Competition. The KY students provided drawing sheets, pencils, colours for the painting competition. Almost everyone drew a house in a village, but there was a guy who drew a cartoon character that he copied from the sketch colour cover. He was awarded the first prize.

The mental math had basic questions from addition, subtraction, multiplication and division and the computer quiz had questions from basics of MS Office, a software package that had been taught to the kids by the previous PGPM batch.

Thereafter the team started the most enjoyable event – Dancing Competition. KY team got surprised by the children's dancing skills. Girls and boys equally participated in all the events. Later results were announced and certificate of excellence and were awarded to winners. Others got participation certificates. There was another round of snacks – chocolates, chips and biscuits for the children



HIGHLIGHTS OF ACTIVITIES OF KARMA YOGA LEADERSHIP EXPERIENTIAL PROGRAM ----- April-June 2015

Great Lakes Institute of Management (<http://greatlakes.edu.in/>) became a signatory to the United Nations Global Compact's Principles for Responsible Management Education (PRME) in 2013. This quarterly newsletter is published with the objective of sharing with others the way in which the institute inculcates responsible behaviour in students

Lingapuram KY Team....wrote....

As the events progressed, the kids overcame their initial anxiety and started participating in the events in droves. There were drawings ranging from churches to mountains to cartoons to dragons. We could see that the kids really had skills when it came to art.

The final event was singing and dancing and there were a couple of kids who really blew us away with their performances. Given the right guidance and nurturing, these kids could really go places. Due to lack of time, we had to cut musical chairs, sack race and volleyball out of the schedule.

Once the events were done, we provided the kids with some well-earned refreshments. While they were enjoying their little break, the judges were animatedly discussing the pros and cons of each entry and were short listing the entries for the prizes to be given away. It was time for the prize distribution and the kids were really overjoyed to receive the prizes.

Overall, it was an exhilarating experience with all of us getting a live experience of how life in villages works. We are eagerly looking to repeat the experience with the kids another time

It was definitely a fun filled day with experiences to cherish!

HIGHLIGHTS OF ACTIVITIES OF KARMA YOGA LEADERSHIP EXPERIENTIAL PROGRAM --- April-June 2015

Great Lakes Institute of Management (<http://greatlakes.edu.in/>) became a signatory to the United Nations Global Compact's Principles for Responsible Management Education (PRME) in 2013. This quarterly newsletter is published with the objective of sharing with others the way in which the institute inculcates responsible behaviour in students

Cleanliness and Hygiene Drive at Lattur Kottaimedu

31st May was the D Day for Kottaimedu unravelled itself with lots of excitement. Kottaimedu witnessed its transformation by its villagers empowered by the budding leaders of Great Lakes. A cleanliness drive was held to set an example to the village on how cleanliness impacts our livelihood.



In a matter of 2 hours Kottaimedu transformed itself into a spotless green expanse, just like a polished diamond. One of the biggest successes of this activity was the overwhelming involvement of the people in the village who were thoroughly inspired by our high spirited Karma Yogis. The people were educated on the important of proper waste disposal and the ill effects of Plastic waste strewn on open lands.

####END####